

# A Pilgrimage to Avebury Stone Circles in Wiltshire

*Pilgrims are poets who create by taking journeys. Niebuhr*

There are famous pilgrimages recommended by religious groups or there is the pilgrimage that one does for oneself.

It doesn't have to be on foot or by any particular mode of transport. It is nothing more than the journey of getting to the desired destination, in any way or form.

For me, that desired destination was the Stone Circles in Avebury, Wiltshire. I've travelled through the Netherlands, France and the rest of the UK, with buses, trains, and ferries to reach it.

I left Australia with the wild urge to sit in Stone Circles and visit the sacred sites of Europe. Walk the paths of my ancestors and distant kin, touching the earth of those that went before me.

So, why would anyone want to visit Avebury, a place that is often seen as the poor cousin of the ever famous Stonehedge? While in reality, it is not less, but so much more.



## Why visit the Stone Circles in Avebury?

This sacred Neolithic site is the largest set of Stone Circles out of the thousands in the United Kingdom, and in the world.

It is also much older than other sites. The sites dating though is sketchy and I've heard everything from 2600BC to 4500BC. While this is still up for discussion as some researchers say that it is even older others say that it's younger.

None of us was there, so who knows...

Despite the fact that it is a major World Heritage site, it is not shut off to the public. This means that you can walk around the stones, touch, sit next to them. You can visit the site at your own pace and in your own way.

Avebury is accessible by public transport, [buses](#) stop in the middle of the village. Visiting Avebury and walking among the stones is totally free. Considering that Stonehenge costs £19.50, and you can't even go near the stones, this is a

bonus.

Visiting Avebury is a full day out. As well as the stone circles on the site, there is also the avenue of stones that you can follow. These take you down to the West Kennet Long Barrow and Silbury Hill. There is also a museum and manor on the site that is run by the National Heritage Trust.

Avebury itself is also worth visiting for the energies alone. It's situated in the centre of St. Michael's Ley Line. These are energy lines that run over and through the earth, St Michael's is one of the most well known as it is host to many sacred sites. This leads me on to a few things you may not know about the site:



## **What you may not know about Avebury:**

As with many sacred sites, I recommend you get an alternative guide or do your own research before going. Mainstream guides or archaeologists rarely ask big questions. Nor are they up-to-date on the latest research.

Luckily, there are many who have done their own research. In one experiment, researchers planted electrodes at Avebury. In

doing so they tested the earth's telluric energy field at various times of the day. It showed that the ditch around the site harness's the earth's ground current and sends it back to the entrance of the site.

Other tests at stone circles show that energies spiral towards the centre of the site. The stones act as resonators and hold the energy during most of the night before releasing it at sunrise.

The late John Burke once tested the magnetism of the site. Tests showed that every large stone on the outer circle is magnetically facing north. And that its magnetic orientation leads on and connects it to the next stone in the circle.

As a stone's magnetic energy occurs naturally while the stone is being made, aeons ago. It's incredible that people so far back could not only be aware of this magnetic field but could measure it. Using those measurements to bring the stones together in such a precise alignment – this can't be a fluke.

Avebury and Stonehenge are both situated on St. Michael's ley lines. Both of them have avenues and both were used for ceremonies at certain times of the year. Many of England's Crop Circles also appear between the two sacred sites.





## **Avebury from Yesterday to Today:**

Avebury has had an interesting past. As many of the sacred sites we can only guess at its real use, and who built it and why.

There are all sorts of theories of how the stones were transported and then leveraged into place.

There are those believe that sound could have lifted and moved the stones. Others believe that it would a system of pulleys, some people believe it may have been giants. In all honesty, we may never know.

During medieval and religious times fanatics removed the stones. As the church believed that the stones had been a place of heathen worship and put there by the devil.

The site later went through a period of restoration. The stones put back together, and some in different spots. They added other stone markers for stones that were missing. While it's not exactly how it was – it still as impressive today as it would have been in the past.

Has all this interference affected the power of this sacred site?



## The Energies at Avebury of the Stone Circle

While there have been tests on the energy and the acoustics. How tangible is that for everyday people like you and me?

Now I can't speak for you ☐ For me, the energy at Avebury was both tangible and phenomenal. I could feel it the moment I arrived, it was so thick I could have sliced it with a knife.

I wandered about and touched all the stones. While I didn't feel that one stone that was stronger than another one. I did notice that when I sat in the centre or was in-between the stones, I could feel a resonance of their energy working together.

All in all, it was an incredible experience – although it floored me for the rest of the day (May also be the 3 hours on a bus there and 2 hours back). It was well worth the four-month pilgrimage across land and sea. To finally come to the



heart of hearts of European Sacred sites and Stone circles.

In all honesty, I can't wait to go back.



## **What to know before you go:**

The main reason I'd like to go back is to not only experience the energies all over again. But to also to have more time to explore the area. It's a bigger site than I anticipated. So, I didn't have enough time to go down the avenue and to visit Silbury Hill and the West Kennet Long Barrow. Which I would have like to have done.

Remember to bring a packed lunch. Or make sure you are on-time to eat at the village pub, which stops serving food during the day. There was a pop-up café near the National Trust Entrance, but that smelt a bit funny, so bring food or be on time.

As with most sacred sites, taking your time and be mindful. For me, this means no mindless chatter. Nor yelling at others to try to prove that you are more spiritual than them. Yes, this was what one lovely lady happened to be doing.

Take some quiet time, centre yourself, and be open to the

energies that are there. Sit somewhere quiet and ponder, meditate or just be. Stew in that and see how it feels.

Each sacred site can set alight a spark in us if we allow it to – it's a site that people have done ceremonies and that special stones have been put in place to bring together the strongest of energies. What we chose to do, feel or not feel is of course up to us.

We do ourselves and others visiting the site a favour, if we can visit them in a way that is respectful, full of reverence and good intentions.

For me, the pilgrimage goes, on. I heard the other day there are over 1000 stone circles in the United Kingdom, so I am sure Avebury isn't the last on my list. To me, life itself is a pilgrimage. And sacred sites like Avebury make the journey that we are on, all the more magic.



## Resources for visiting Avebury

[Manon Tromp](#): Offers tours of Avebury and Stonehenge, may also have night passes at certain times of the year if you would like to join a ceremony

[Invisible Temple](#), Freddy de Silva – Freddy does tours and has published a few great books on sacred sites and temples.



[Stone Circles website](#) – lists all many of the main stone circles in the British Isles

[Earth Ancients Interview with](#) Hugh Newman that covers the Stone Circles and more research in greater detail.

[Megalithomania](#) – annual UK event that focuses on Megalithic structures, great speakers. Hugh Newman who runs the event and site has also authored great books on the subject.

[Sacred sites website](#)

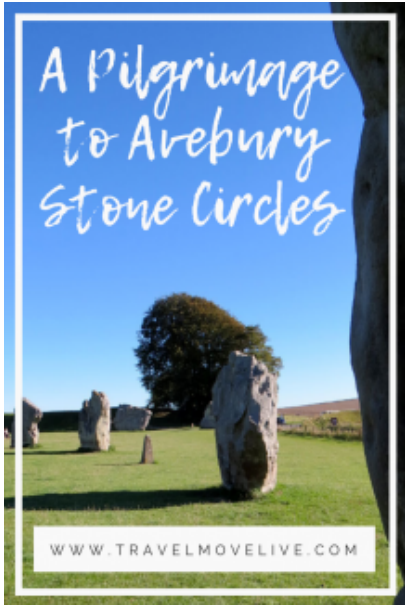
[National Trust Website](#)

[Steve Marshall](#) has a great book called exploring Avebury, here is also one of [his talks from the Megalithomania Event.](#)

More information on [West Kennet Long Barrow](#)

p.s. Disclaimer: I don't use wikipedia, I believe their word usages, biased point of view and censorship of certain content supports a wholly mainstream agenda – which I don't agree with. Plenty of much better information out there!



















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# A Seekers Guide to Glastonbury

Welcome to A Seekers Guide to Glastonbury and it's sacred sites, for those that are seeking the magic, with both feet on the ground. Here is my advice on the best way to visit a sacred site to make the most of the magic you'll encounter.

A few tips to keep in mind when visiting a sacred site:

1. Everything is frequency. Sacred sites also hold a specific frequency stronger than most. And we all hold our own frequency. Simply said some will resonate with you and some will not. Don't take it personally.
2. Do to give yourself the time and space to sit and see if you connect to the place.

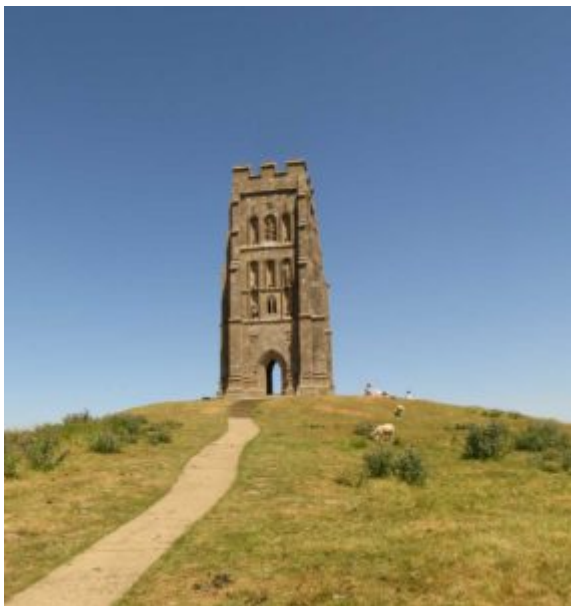
In the wise words of [Manon Tromp](#):

*“Let go of expectations, go with the flow and take your time to let Avalon do what it needs to do”.*

I also agree with [Freddy de Silva's](#) views on why we visit sacred sites (paraphrased): Every sacred site we visit awakens a spark in us, and takes us forward on our journey of self-evolution. As each of us is on our own unique life pilgrimage, we will each experience it in our own way.

Which is why I put together my own Seekers Guide to Glastonbury;

# A Pilgrimage to Glastonbury Tor



Glastonbury Tor is a magical spot. To connect and feel the energy of the land, I choose to walk up to the top of the Tor barefoot. Being so steep, every step was a reminder of how unfit I was feeling – I ended up feeling more out of breath than enlightened.

To keep myself going I imagined all the pilgrims that had walked the path before me. All the ceremonies and processions that the hill must have seen over the ages.

I hoped that by the time I got to the top that the veils would lift and Avalon would appear before me. Needless to say, that didn't happen.

Instead I went and found a quiet spot to sit on the hill. A quiet place to sit and feel all that I couldn't see. To connect to the energy of the site.

It was pretty magic.

If you find yourself at a sacred site do find a quiet place away from everyone else. A place to connect, to go within and meditate on what you feel and what emerges within you. Churches are often built on Sacred Sites, which were often built on the earth's energy or Ley Lines.

Sacred sites have also had people making pilgrimages to them for thousands of years. Using them for their intentions, prayers and ceremonies. Put all this together and you end up with a magical energy for us all to tap into. Sit in the glow of those energies and let them share some of that subtle to strong magic with you. It is free to visit the Tor, you can find information on the National Trust's [Website here](#).

## **Getting your toes wet at Chalice Well**

Chalice well sits at the bottom of the Tor, across the road from the White Springs. It is a small park that costs £4.50 to enter. It's a peaceful garden, well tended and with many areas to sit and reflect and meditate.





The ice cold red spring water at Chalice Well is the stuff of legends. One story is that the water gets its red colour from Joseph of Arimathea who added a few drops of Jesus's blood to it. Another is that it is the spring of eternal youth and has healing properties.

The fact is the iron oxide gives the water the reddish colour. The well has been in use for thousands of years and is a constant 11 degrees all year around. There is a small pool you can walk through, and it's pretty cold!

You can drink the water from the spot where you'll find the lions head. Legends say it gives eternal life, I did have a drink so let's see if that is true. Only time will tell. It's a lovely garden, and well worth the entry fee and a visit.

[Chalice wellsprings is run by the trust, website here.](#)

Address: 85-89 Chilkwell Street.

## **Dive into the Sacred White Springs**

The White Springs sit at the foot on the Tor, managed by volunteers and open in the afternoons. It is free to enter.

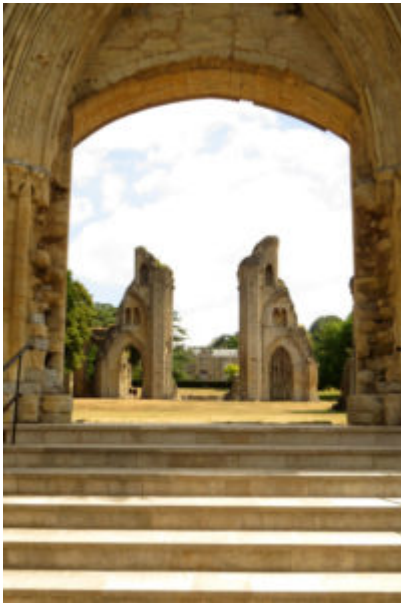
You can immerse yourself in these waters. The spring and its

pools are lit by candlelight. While I stood in the darkness and I wasn't sure if I wanted to risk slipping across the cold stones into a pool of water.

So I drank some instead and wet my feet with it outside and hoped that would suffice.

[The White Springs website can be found here](#). Address: Well House Lane.

## Time Travel to Glastonbury Abbey



At a cost of £7.50, I had to consider whether it would be worth it to see an old ruin. The curiosity of seeing King Arthur's tomb and the original church of Joesph de Armithea drew me in.

I am so very glad it did. The museum itself wasn't that interesting. And I have my doubts that King Arthur ever existed let alone lay there. Rumour has it this was most likely the churches medieval money-making marketing ploy.

So while I didn't see a tomb fit for marketing, or bones. I did have the pleasure of visiting one of the oldest medieval kitchens in Europe. And a chance encounter with Alice from the

1500s.

Alice was busy working and complaining about how a woman's work is never done. Before beginning her story of the kitchens and abbey's history. We sat down and had a nice long chat about ages past.



I heard that my fellow countryman from the Low Lands (Netherlands) visited the abbey in the 1500s. Brought over for their skills in silk weaving with the intention to teach those skills to locals. It was believed they spent time living in the kitchen of the Abbey. They never did have the opportunity to pass on the skills. They fled when Catholic King Henry came into power. As did most Protestants to avoid prosecution.

I did the day tour with Alice later in the day, and also learnt that the Abbey was at once the richest in the country. Pilgrims and visitors coming from far and wide to visit the holy site, seeking to clear their sins.



Luckily the wealthy people had the most sins. Which they could absolve for the right amount of money. Which is why the wealthy landlords left all their holding to the abbey in the hope of eternal redemption.

Now in a cruel twist of fate, it is the same wealth that destroyed them. The greedy king, who had spent all his money on war decided to put the abbot on trial. The abbot was found guilty, hung and quartered at the top of the Tor. The Abbey ransacked and it's wealth sold and left to ruin.

You can enjoy the interesting stories and rich history by taking one of the guided walking tours that is included in the entrance fee. There is a tour every hour until 4 PM.

[The Glastonbury Abbey website is here.](#) Address: Magdalene Street.

## **St. Margaret's Chapel and Almshouses**





This is a quiet secluded garden off the street. At the entrance, You'll find a finger labyrinth, which is a meditation in itself and fun. You can pray or meditate in the small old chapel or garden. The little courtyard almshouses were once hospital rooms built in the 11th century.

One of them is open and set up with furniture from the era. You can see how small yet gracious it was. Those that had to stay would have been well looked after.

While the walls of the courtyard in ruin from the onslaught of time. There are lovely details to the garden and can see that the place is up kept with love. Address: 46 Magdalene street.

## **Wearyall Hill and the Holy Thorn**



The Holy Torn, is where the original staff of Joseph of Armithea took root and grew, the tree is still there. It pains me to write that vandals killed and chopped branches from the tree. So it isn't half of what it once was.

The tree, or the remaining stump is still there and still holds an incredible energy. I recommend putting your hands on it and feeling it's warmth.

It costs nothing to visit, and has great views over to the Tor and the rest of Glastonbury.

## More Magical spots to visit

Glastonbury is full of unusual shops, people and places that you won't find on your average High Street. From the magic shop like the [Cat & Cauldron](#), where you can buy a real wand, staff or a host of other magic book and paraphernalia.

Lovers of the Esoteric and metaphysical books can [visit Avalon Library](#). In the same arcade 2-4 High street, is [Star Child](#), an incredible essential oil and herb shop. And upstairs you'll also find the [Goddess Temple](#). Which hosts speakers and events most nights of the week.

# Anyone for cuppa tea & a scone?

[The Abbey Tea Rooms](#) has stunning views of the ruins and some of the best Tea + Scones with clotted cream and jam and other English goodies which will give you the energy to climb the Tor or walk the Abbey gardens. Address: 15 Magdalene St.

For those that might be looking for a stronger sacred drink, the [George's hotel and Pilgrims Inn](#) is a lovely old fashioned English Pub in a well preserved medieval building.

You can even [book a night and stay over the inn,](#) if you dare, its known to be haunted and you can read about a [few spectral accounts and ghost stories of the Inn.](#)

## Where to Stay in Glastonbury

I was lucky enough to spend 3 weeks doing a work exchange through [Workaway](#) at [Earth Spirit Centre](#). Incredibly lucky to met some truly magical people. The centre also runs incredibly workshops throughout the year, so be sure to check their calendar to see what's on.

[AirBnb](#) is also highly recommended, particularly [Earth Mama's House](#) that is run by [Manon Trump](#). Manon also runs tours to [sacred sites including Stonehedge and Avesbury](#).

## The Magic never ends

Glastonbury can be many things, quirky, magical, spiritual and at times over the top. Is it a reflection of our inner selves, is it whatever we want it to be (yes, be prepared for fairies and men with arrows and crossbows walking along the high street).

It can have moments of feeling like it is spirituality gone mainstream. Yet, it is still enchanting. The people I met there is that they are all doing whatever they want, being whoever they want and living life as they want – blissfully content.

In this crazy world – maybe this is the sanity of it all. There isn't any seeking, but an authentic way of being. And that, in itself is kinda Magical.

For Further reading:

Freddy de Silva's [Website](#). Freddy de Silva's book: [The Divine Blueprint](#).

Manon Tromp's Website, you can also find her on the Mystical Tours website.

Anyone interested in visiting Avesbury Stones can [read more here](#).





